

Gaston Middle/ HS School

June 2024

Lunch Menu

3 Bean & Cheese Burrito	4 Turkey Soft Tacos	5 Crispy Chicken Nuggets w/ WG Roll	6 Turkey & Gravy over Mashed Potatoes w/ WG Roll	7 Chicken & Waffles
10 Baked Corn Dog	11 Cheesy Breakfast w/ Marinara	12 BBQ: Choice of : Hamburger, Cheeseburger, Hot Dog w/ Watermelon, Baked Beans, Chips & Cookie		

Offered Tuesdays and Thursdays

Choice of Chicken, Refried Beans, Ground Taco Meat, and Jalapeño Cheese sauce on Whole Grain Corn Tortilla Chips or as a Burrito on a Whole Grain Tortilla!

EVERYDAY SELECTS



All meals include fresh fruits and veggies and choice of milk

Offered: Monday

Choice of Cheese or Pepperoni

All meals include fresh fruits and veggies and choice of milk

FAST TAKES



Offered: Daily

Assorted Sandwiches or Salads

All meal include fresh fruits and veggies and choice of milk

EVERYDAY GRILL



Wednesday
Cheeseburger
Hamburger
Bacon Cheeseburger
Veggie Burger

Friday
Chicken
Spicy Chicken Sandwich

Served with Tater Tots

All meals include fresh fruits and veggies and choice of milk